



The TIMBERWOLF HOWL

Principal Perspective

Hello April! We are hoping that Spring is just around the corner, although Winter seems to be still hanging around. We trust that everyone had a rejuvenating break!

Good attendance is a crucial part of academic success. Consistent attendance helps students build a routine and stay engaged in their learning. Together, we can help our students build a strong foundation for their future success.

Students and Staff at MCT welcome Aynsley Williams, our student teacher who will be with us for five weeks and who has joined Mrs. Osadchuk as Teacher of our students.

We continue to work hard at school each day! Students are learning their letters and letter sounds and are beginning to read! We have been working on 3-D shapes in Math and are also learning their facts using a Reflex Math program. We will soon be starting to learn about Measurement, and we will be measuring plant growth using our recently planted bean seeds. As well we are learning about Energy in Science and Communities in Social Studies. Students are also enjoying our Connected North sessions, especially the music with Caleb. Our field trip to Kay-Nah-Chi-Wah-Nung was a delightful learning day of learning for everyone, and we enjoyed the fantastic weather! We recently celebrated World Down Syndrome Day, on March 21, participating in an activity where we made a pair of mismatched socks to celebrate differences! This month we will be recognizing Easter, World Autism Day, Earth Day, and International Day of Pink. We are also looking forward to having Anne Marie Armstrong and Deb Hebert from Sunset Metis come again this month to teach us more about Jigging. Please keep up to date with events happening at our school through our Facebook Page—McCrosson Tovell School.

Please contact the school to register students for Kindergarten, if you were unable to attend our Kindergarten Registration Day.

We had a School Council Meeting at Riverview School on February 12, 2024, and we continue to look for a representative from our area to sit on the School Council. If you are interested in attending our meetings, please contact the school.

We appreciate your ongoing support and active involvement in your child's education.

Mrs. Osadchuk, Mr. Yahnishchak & Mrs. Beckett

Upcoming Dates

Easter Monday	APR 01
NWHU Dental Screening	APR 04
Solar Eclipse	APR 08
International Day of Pink	APR 10
PA Day (no school)	APR 19
Sunset Country Metis	APR 25
Victoria Day (no school)	MAY 20
PA Day (no school)	JUN 10
Report Cards Go Home	JUN 21
Last Day of School	JUN 21

Student Attendance

Regular attendance is very important—a **student's over-all growth increases significantly over time when they attend regularly and have strong connections to all aspects of classroom and school learning.** Research demonstrates there is a powerful link between successful learning and regular school attendance.

Special points of interest

- Simply text your child (s) name, your name and the reason your child is absent anytime before 9:15am to 807-271-2622
- Mrs. Everden can be reached until 11:30am in the office, or by email to terri.everden@rrdsb.com



FROM BALANCED TO STRUCTURED LITERACY

The new Language curriculum in Ontario has shifted from a Balanced to a Structured approach. What does this mean? It is working to create a strong foundation with the most basic elements of sound-letter relationships and building on those to find meaning.

Explicit and sequential instruction includes:

Phonology - the ability to identify and manipulate individual sounds in spoken words

Example isolating, identifying, segmenting, blending sounds, syllables, rhymes, making/breaking words

Orthography - sound-symbol knowledge

Example there are different ways to spell the /k/ sound, , , or ,, however, we usually use at the end of words

Morphology - words and the parts that carry meaning

Example un + help + ful (prefix not + base + suffix full of)

Syntax - how words combine to create meaningful sentences, grammar

Semantics - meaning of words, phrases, and sentences, comprehension, vocab

Example irony, which refers to when someone says one thing but means another - if someone standing in the rain said, "What a great day!"

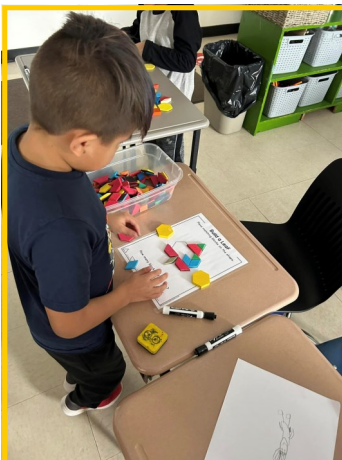
Parent Guide - check the guide for more information about the new Language curriculum

FAIRNESS Character Trait

I will treat others in a just, equitable and unbiased manner.

What is Fairness?

Fairness is being consistent. Fairness is listening and being open. Fairness is being careful making judgments about others. Fairness is treating people equally and equitably. Fairness is following procedures.



Educating the HEART and MIND of every child – today and tomorrow.

Principal - Kari-Lynn Beckett

Vice Principal - Donna Osadchuk



April 4-10
National Dental Hygienists Week™
Oral Health For Total Health!

Colouring Contest!

Sponsored by:
SUNSTAR
G·U·M

APRIL IS ORAL HEALTH MONTH

It's time for @theCDHA's Attack the Plaque colouring contest! It's also a great time to remind everyone to brush their teeth at least twice a day with a fluoride toothpaste (2x2



April

HOT LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
1 EASTER MONDAY NO SCHOOL	2 Chicken Burger French Fries Fruits / Veggies	3 Turkey & Cheese Subs Caesar Salad Fruits / Veggies	4 Chicken Noodle Soup Garlic Toast Fruits / Veggies	5 Pizza Bagel Fruits / Veggies
8 Egg McMuffin Fruits / Veggies	9 Cheesy Beef Macaroni Casserole Fruits / Veggies	10 Ham & Cheese Subs Caesar Salad Fruits / Veggies	11 Tomato Soup Grilled Cheese Fruits / Veggies	12 Pizza Bagel Fruit / Veggies
15 Egg Salad Sandwiches Fruits / Veggies	16 Alfredo Chicken Fingers Fruits / Veggies	17 Turkey & Cheese Subs Caesar Salad Fruits / Veggies	18 Chicken & Rice Soup Garlic Toast Fruits / Veggies	19 Pizza Bagel Fruit / Veggies
22 Chicken Wrap French Fries Fruits / Veggies	23 Meat Lasagna Garlic Toast Fruits / Veggies	24 Ham & Cheese Subs Caesar Salad Fruits / Veggies	25 Tomato Soup Grilled Cheese Fruits / Veggies	26 Pizza Bagel Fruit / Veggies
29 Egg Salad Sandwiches Fruits / Veggies	30 Loaded Nachos Fruits / Veggies	Hot Lunch will be provided for every child, if there is a menu item your child does not like, please be sure to send them with their own lunch that day		



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Healthy Eating Habits Can Help Mental Health



As a parent/caregiver, you have the power to decide how your child eats and be a role model for healthy behaviours and attitudes around eating, body image, and lifestyle choices. The following are healthy habits that can serve as a foundation in lifelong health for your child:

- Children need regular servings of a variety of whole foods whenever possible
- Prepare meals together to teach them valuable cooking skills
- Eat together as a family when you can to increase self-esteem and connectedness
- Role model positive body image attitudes and behaviours around healthy eating
- Consult a doctor if you have concerns with your child's behaviours and attitudes around eating and eating and body image

Schools within the Rainy River District participate in a variety of nutrition programs to help students to fully participate in their learning and the board has a Student Nutrition and Support Coordinator to enhance student nutrition and healthy living resources. Ask at your child's school about the breakfast, lunch, and snack programs; Nutrition on Weekends (NOW); You're the Chef; and any other ways they can help support healthy eating habits.

See the article from SickKids to learn more: <https://www.aboutkidshealth.ca/Article?contentid=639&language=English>



For more information, please contact the RRDSB Mental Health Leader: tracey.idle@rrdsb.com

SPRING FLOWERS

Count the flowers and write the correct numbers.



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